

THE Nazareth Story



Words from our

Leadership Team



The official newsletter of the Congregation of the Sisters of Nazareth and Nazareth Care - African Region - Since 1882

A Message of Hope from Our Leadership Team

As we step into the month of April, we're reminded of the power of hope, the gift of renewal, and the strength of our shared faith.

Easter is a sacred time—one that draws us into the miracle of Christ's resurrection and the deep truth that always love triumphs. In the stillness of Good Friday, we are invited to pause and reflect. On Easter Sunday, we celebrate with joy: the light that breaks through darkness, the promise of new life, and the unwavering love that anchors our mission. This season reminds us that no matter the challenges, grace surrounds us, and hope is always alive.

Here at Nazareth Care Africa, that message shines brightly through every meal served with care, every handshake in kindness, and every moment shared in community. Whether it's the laughter echoing through a pancake morning, the sparkle in someone's eye during a birthday celebration, or the quiet strength of our outreach teams—each act is a living expression of resurrection joy. April is also a time of remembrance and celebration for our country. On the 27th, we mark Freedom Day—honouring the journey to democracy, justice, and unity. It's a day that echoes our own values of inclusion, dignity, and care for all.

To our staff, volunteers, families, and friends—thank you. Your generosity, faith, and tireless compassion bring Easter to life every single day. Together, we are building a community rooted in love, resilience, and joyful service.

May this Easter season fill your hearts with peace and purpose, and may the month ahead be filled with warm moments, new beginnings, and reasons to celebrate.

Sr Lorraine Akal & Henco Walker



NAZARETH
CARE™

What's been happening

Life at Nazareth House



Nazareth House Cape Town

As we prepared for the Lenten season, we celebrated Shrove Tuesday by serving pancakes to all residents and staff, embracing the tradition of feasting before the period of fasting and reflection. The day was a wonderful opportunity for community bonding. We also marked South African Library Week (17–23 March 2025) with a special visit from our local Vredehoek librarian, Candice, who hosts monthly sessions for our residents. This year, she treated them to a fun quiz morning, complete with snacks and special treats, highlighting the joy of learning and connection. Additionally, we honoured St. Patrick's Day with a festive Irish lunch, celebrating the rich heritage and culture of Ireland. Meanwhile, our residents continue to enjoy daily outdoor exercise sessions next to the church, where the stunning backdrop of Table Mountain enhances their relaxation and social engagement. Each of these events reflects our commitment to enriching the lives of those in our care through tradition, learning, and wellness.



Nazareth House Durban

This month has been filled with vibrant celebrations and enriching activities at Nazareth House Durban! We kicked things off with a heartwarming 92nd birthday bash for one of our beloved residents, complete with cake, music, and cherished moments shared among friends. Fitness took centre stage as Ernie Chang, our dedicated outdoor gym coach, led energizing sessions, helping residents stay active and healthy while enjoying the fresh air. Pancake Day brought delicious indulgence as we flipped stacks of fluffy treats in the spirit of tradition and togetherness. The Kushi Designs Pop-Up Store added a touch of retail therapy, offering beautiful handmade crafts that delighted both residents and visitors. We also embraced the luck of the Irish with a festive St. Patrick's Day celebration, where shades of green filled the halls alongside laughter and Irish-inspired treats. Lastly, World Book Day transported our residents into the magic of storytelling, with shared readings and lively discussions. Each event reflects our commitment to creating a lively, caring, and engaging home for all. Here's to many more moments of joy and connection!



Nazareth House Johannesburg

We are delighted to share some of the wonderful moments and milestones at Nazareth House Johannesburg! This month, we celebrated the 93rd birthday of Mrs. Engela Marais and the remarkable 97th birthday of Mrs. Ruth Hill, honouring their lives with joy and gratitude. Our team also participated in essential Arjo hoist training, ensuring the highest standards of care for our residents. Generosity brightened our days with a delicious donation of pastries from Chateau Gateaux, bringing smiles to all. Residents enjoyed a delightful outing to the Civic Theatre, adding a touch of culture and excitement to their routine.



Nazareth House Port Elizabeth

At Nazareth House Port Elizabeth, we've had a vibrant and meaningful start to the year, filled with faith, fellowship, and community spirit. In support of Women's World Day of Prayer, our residents and staff came together for an interactive gathering, reflecting on this year's uplifting theme, "You are Wonderfully Made." Teamwork and camaraderie were on display as our Leadership Team and Sisters enjoyed a fun-filled afternoon of mini-golf and team-building, strengthening bonds and sharing laughter.

We also celebrated St. Patrick's Day in festive style with a lively parade and party, bringing joy to all. Earlier in the year, our staff marked Shrove Tuesday with a delicious pancake treat, adding a sweet start to the Lenten season. Our commitment to outreach remained strong as we supported our Sisters' weekly soup kitchen and distributed food parcels to the Schauderville community, extending care to those in need.

To honour Human Rights Day, residents and staff engaged in a creative afternoon exploring the theme of Human Dignity, fostering reflection and unity. Each of these moments reflects our mission of compassion, connection, and celebration in service to others. Stay tuned for more updates as we continue our journey of faith, care, and community!



Nazareth House Pretoria

We celebrated St. Patrick's Day in style, with residents and staff dressed in vibrant shades of green, enjoying a delicious Irish meal prepared by our wonderful Reef Caterers, who also adorned the venue with beautiful decorations. Meanwhile, our residents continue to thrive in their weekly activities—Wednesday Coffee & Art Mornings remain a favorite, allowing them to unleash their creativity while sharing joyful laughter over coffee. The Garden Coffee Shop is always bustling with residents, families, and Larmenier guests bonding over great coffee and cherished memories.

In a special highlight, our beloved resident Mr. Jack Wijker received a visit from President Cyril Ramaphosa and his wife, creating an unforgettable moment for both Mr. Wijker and our staff, who had the honor of taking photos with the president. Each day at Nazareth House Pretoria is filled with warmth, connection, and celebration—thank you for being part of our community! Stay tuned for more updates.



Welcome to our latest offering

Larmenier Garden Suites

Introducing Larmenier Garden Suites, the newest addition to Nazareth House Cape Town. Our 25 assisted living rooms offer the perfect blend of comfort, privacy, and a supportive community. Choose from a range of room types with ensuite bathrooms equipped with assistive devices to cater to individual needs. Each room is connected to our 24/7 manned nursing station via call bells, ensuring help is always close by. With a dedicated Wellness Coordinator, we offer a variety of activities and wellness programs to keep residents engaged, active, and thriving in a fulfilling environment. Experience compassionate care and a vibrant lifestyle at Larmenier Garden Suites.

Contact the team or schedule a visit

Lets chat about your or your loved ones needs. You're welcome to have a look around and meet our team, chat to our residents and make yourself at home. We will be your most trusted partner in ageing.

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What's been happening

Friends of Nazareth



Outreach

March Outreach Highlights: A Month of Compassion and Celebration

Throughout March, our Nazareth Care communities demonstrated their commitment to meaningful outreach across South Africa. At Nazareth House Cape Town, we partnered with local schools for South African Library Week, hosting literacy activities for underserved youth while Lenten pancake feasts welcomed food-insecure neighbours. Nazareth House Durban engaged elderly from informal settlements through World Book Day storytelling and therapeutic wellness sessions, addressing both cultural and health needs. Nazareth House Port Elizabeth served over 1,200 meals through our Schauderville soup kitchen, while Human Rights Day art workshops empowered at-risk youth and Women's World Day of Prayer gatherings supported GBV survivors. Nazareth House Johannesburg extended skills development by training community caregivers in specialist hoist techniques and provided mentorship through youth programs, alongside pastry donations to homeless shelters. These initiatives reflect our proactive approach to addressing community needs through nutrition, education, skills transfer, and psychosocial support – building a more inclusive society through sustainable outreach.



Geraldine Gunkel



Rosetta Jarvis

Friends of Nazareth

Helping our staff in need

We are pleased to announce this month's recipients of the Friends of Nazareth Staff Support Fund: Geraldine Gunkel, Facility Administrator at Nazareth House Durban, and Rosetta Jarvis from our Regional Team. Both have shown unwavering dedication and passion in their service, making a meaningful difference in the lives of our residents and colleagues alike.

Established to provide aid during unexpected hardships, the Staff Support Fund embodies our Nazareth Care values of compassion and solidarity. By supporting Geraldine and Rosetta through their current challenges, we reaffirm our commitment to standing together as a community—both professionally and personally.

Please join us in extending your heartfelt encouragement and best wishes to these deserving individuals. Their resilience and contributions continue to inspire us all.

If you would like to show your support to the Friends of Nazareth Staff Support Fund: All general donations can be made via an EFT payment using the following bank details:

Acc name : Nazareth House
Head Office
Bank: Standard Bank
Type: Current Account
Account number: 011837241

Branch: 051001
Int. SWIFT number: SBZA ZA JJ
Ref: FONStaffSupport

Nazareth Care

Employees of the Month



Nompumelelo Ahiwe



Bulelwa Gxoyiya



Sister Anania Mahlangu



Beverly Duma



Thabo Bottoman

At Nazareth House, we are proud to recognize and celebrate the exceptional dedication of our staff members who go above and beyond in their service. This month, we extend our heartfelt congratulations to Nompumelelo Ahiwe (Nazareth House Johannesburg), Bulelwa Gxoyiya (Nazareth House Port Elizabeth), Sister Anania Mahlangu (Nazareth House Pretoria), Beverly Duma (Nazareth House Durban), and Thabo Bottoman (Nazareth House Cape Town). Each of these remarkable individuals has demonstrated extraordinary care, compassion, and commitment to our residents, embodying the true spirit of Nazareth House. Their unwavering dedication not only enhances the lives of those we serve but also inspires their colleagues and strengthens our mission. We are deeply grateful for their tireless efforts and the profound difference they make every day. Thank you for your exceptional service—you are the heart of Nazareth House!

APRIL

CORE VALUE

LOVE

06 APR

World Health Day

World Health Day is a global health awareness day celebrated to draw worldwide attention to a subject of major importance to global health each year.

20 APR

Easter Sunday

Easter Sunday celebrates the day of Jesus Christ's resurrection, which is written in the New Testament of the Christian bible.

18 APR

HARARE

Independence Day

Zimbabwe gained independence, marking the end of colonial rule and the beginning of a new chapter in its history.

27 APR

Freedom Day

Freedom Day in South Africa, commemorates the first democratic elections held in the country on that date in 1994, marking the end of apartheid and the beginning of a non-racial South Africa.





Spread Joy to Nazareth House

This Easter season, let's come together to make a meaningful difference in the lives of the residents at Nazareth House! We invite you to join our Easter Giving Campaign and help us create a joyful and memorable celebration for those we care for.

How You Can Help

Donate Easter Eggs: Bring smiles to our residents by donating Easter eggs. Your sweet treats will help us create a festive and uplifting atmosphere.

Monetary Donations: If you prefer, you can contribute a small monetary donation of your choice. Every rand counts and will go directly toward enhancing our Easter celebrations and supporting our ongoing efforts to improve the facility.

How to Get Involved



- Drop off Easter egg donations at Nazareth House.
- Make a monetary donation via our website.

For More Information

Join the conversation on our Friends of Nazareth social media pages or contact Marcé.

@ connect@nazarethcare.co.za

+27 73 573 6935

Thank you for your kindness and support. Together, we can make this Easter a truly special time for the residents of Nazareth House!

FRIENDS
OF NAZARETH



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Nazareth House Cape Town: capetown@nazarethcare.co.za

Nazareth House Durban: durban@nazarethcare.co.za

Nazareth House Port Elizabeth: portelizabeth@nazarethcare.co.za

Nazareth House Johannesburg: johannesburg@nazarethcare.co.za

Nazareth House Pretoria: pretoria@nazarethcare.co.za

Nazareth House Harare: harare@nazarethcare.co.za

OCEANS8
S U P P O R T S



**NAZARETH
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SA's first warm water ocean event of its kind, entirely for charity.

We're excited to be one of the charities supported at the Oceans 8 Charity Swim. Your participation will make a big difference and help raise funds directly supporting our mission!



LOCATION

DUC, Point Water
Sports Club Durban,
KZN



DATE

14th & 15th (16th)
June 2025

For more information
please contact:

073 573 6935

connect@nazarethcare.co.za

Get involved, we need your support!

Nazareth House is a registered non-profit organisation (NPO 038-257)
and a recognised Public Benefit Organisation (PBO 930 002 374).



Donate

Make a monetary donation
to Nazareth House.



Volunteer

Volunteer your time and
skills at Nazareth House.



Bequest

Leave a lasting legacy in the
hearts and minds of others.

Find out more about Friends of Nazareth at [www.nazarethcare.co.za/friends of nazareth](http://www.nazarethcare.co.za/friends-of-nazareth)

We have a full list of projects and campaigns for everyone to become a friend!