



A mission for those less fortunate

Our Ambitions for Change



NAZARETH
CARE





“Every day is another beginning, filled with new wonders and experiences. Some experiences are beautiful while others break your heart”

- Nurse at Nazareth care



Seeing the unseen...

More than 160 years ago, our founder Victoire Larmenier began, what was to become a global legacy of service, when she opened the very first Nazareth House in Hammersmith, UK. Her ambitions to provide care for the poor, desolate, and abandoned soon expanded to Africa. Our first Nazareth House opened its doors in 1882 in the Western Cape of South Africa. So unfolded the tenacious passion for caring for the starving, ill, and suffering people of Southern Africa. At a time enrobed with uncertainty, The Sisters of Nazareth represented hope, healing, and a chance at life for so many. To this day, more than 130 years later, Nazareth Care remains a beacon of strength to many lives across the African region.

This unstoppable purpose has paved a movement of compassion and humanity – one that continues to build through the work of all who strive to make the world a better place. For over a century, we’ve helped

to significantly improve the lives of thousands of impoverished communities and suffering individuals. In a world where millions of children continue to die from preventable causes, are neglected due to disabilities, miss out on education, and are subjected to violence and abuse, we realise that our journey is only beginning.



Our Ambition for Change defines what we want to achieve for deprived children, impoverished communities, and vulnerable elderly. The objective is simple: To close the gap between the funding we receive and the funding we need.

Who is Nazareth Care

Nazareth House is a registered non-profit organisation (NPO 038-257) and a recognised Public Benefit Organisation (PBO 930 002 374)

What began as a humble dream for change has become a place where the most vulnerable in our society find sanctuary, love, and hope for a better tomorrow.

For over 13 decades, Nazareth House has provided a safe space for vulnerable children’s and the ageing elderly to thrive against the odds. Our children homes provide specialised care for youth who have been abandoned, neglected, or living with physical and intellectual disabilities. Our care homes for the aged are focused on the quality of life and offer residents an opportunity to live with dignity and respect in an active community.

We are proud and blessed to witness the joy and hope in the eyes of our residents, both young and old, every day.

1857

1st Nazareth House
Hammersmith, London

1882

Cape Town House
established

1888

Kimberly House
established. Closed 2001

1889

Port Elizabeth House
established

1894

Johannesburg House
established

1895

Durban House
established

1905

Cape Town House
building completed
in Vredehoek

1925

14 Streams House
established

1937

Harare House opens
Harare, Zimbabwe

1952

Pretoria House
established

1986

Elsies River House
established

2009

Morningstar Creche
established

2016

Frances Shannon Hospice
established



Sister Margaret
Sister in charge of the organistaion



Vision

To celebrate and extend the legacy of caring and compassion inspired by The Sisters of Nazareth.



Mission

To provide quality care and support to some of the most vulnerable members of society through our homes, outreaches and ministries.



Goals

To close the gap between the funding we receive and the funding we need.

NAZARETH CARE IS FOUNDED ON THE CORE VALUES OF THE SISTERS OF NAZARETH



LOVE



JUSTICE



HOSPITALITY



RESPECT

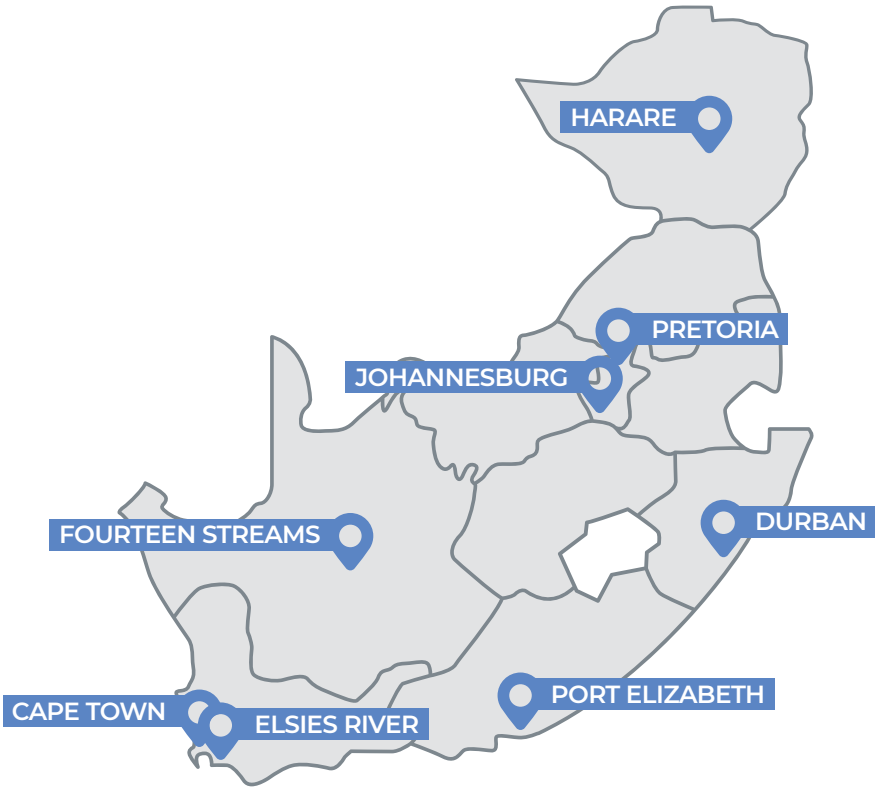


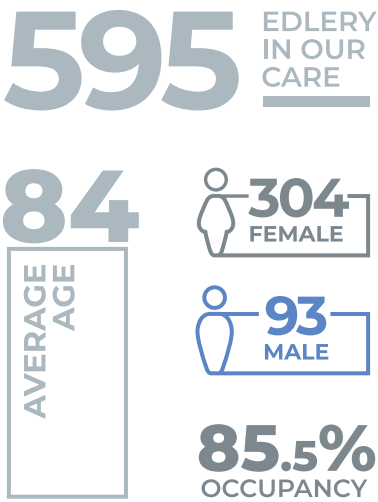
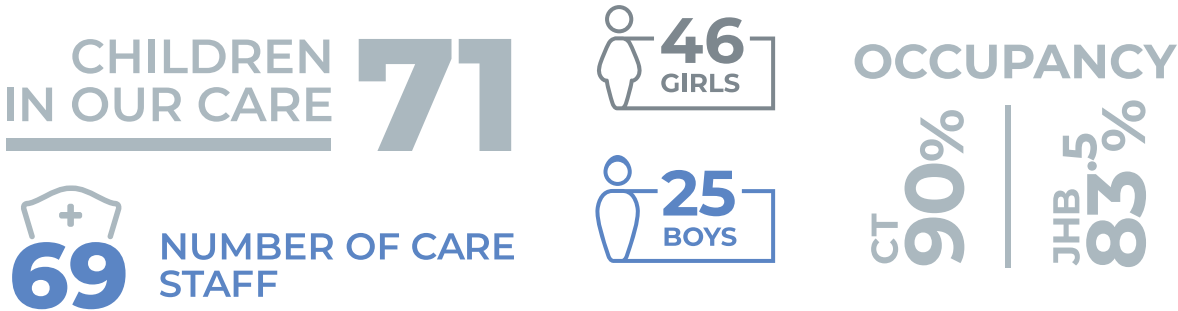
COMPASSION



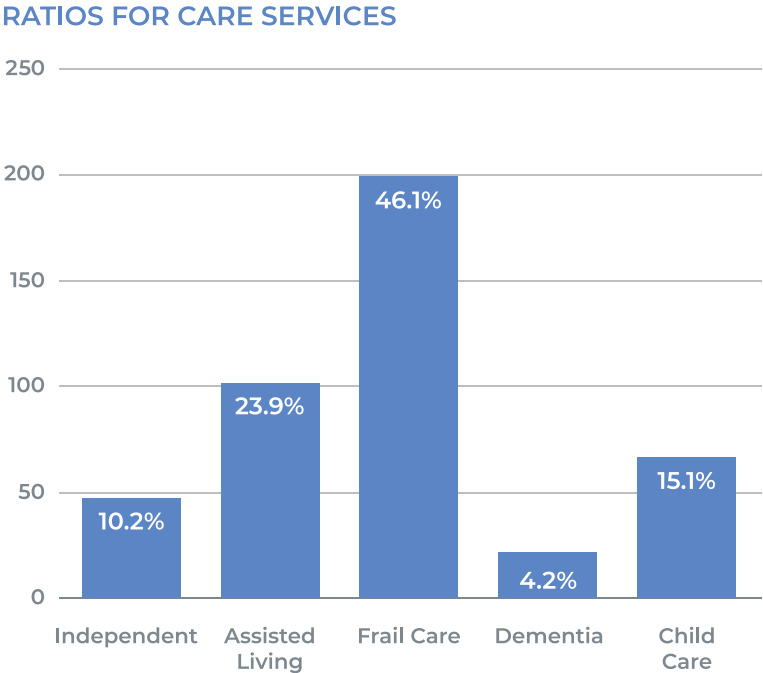
PATIENCE

Nazareth House Locations





9 OUTREACHES



Get involved

Child and Youth Care Centres

We care for the most challenged children in our society.

Our Child and Youth Care centres are based in Cape Town and Johannesburg. These Nazareth Houses are home to approximately 60 babies, toddlers, and youth.

Our specialised childcare services focus on the following conditions:

- Cerebral Palsy
- Spina Bifida
- Foetal Alcohol Syndrome
- Downs Syndrome
- HIV/Aids



Aged Care

We provide care to some of the elderly who do not have the means to care for themselves.

Our Nazareth House care facilities are located across the country; Cape Town, Elsies Rivier, Port Elizabeth, Durban, Pretoria, and Johannesburg.

Our services include:

- Independent Living
- Assisted Living
- Frail Care
- Dementia Care
- Palliative Care
- Respite Care

Outreaches

The recipients of our outreach programs and volunteer work are some of the poorest and least fortunate.

The Sisters of Nazareth run two registered NPO outreaches; Morning Star Creche and Frances Shannon Outreach Centre in addition to numerous other outreach programmes across the country.

Our outreaches include:

- Schauderville - Port Elizabeth
- Alexandra, Yeoville and Soweto - Johannesburg
- Masigcine Children's Home and Khayelitsha - Cape Town
- Harare - Zimbabwe





Childcare ambitions

Too many children start life at a disadvantage due to circumstances beyond their control; this should not be a deciding factor of whom they become. Our Children Homes care for kids aged 0 to 18 with the numerous conditions including; Cerebral Palsy, Downs Syndrome, Spina Bifida, HIV/Aids, and Foetal Alcohol Syndrome.

Millions of children are dying from preventable causes, violence, neglect, disease, and poverty. These innocent children are caught in realities that they did not create.

Families often abandon children living with special needs due to a lack of understanding and available resources for care, leaving these vulnerable children at risk.



Protect The Vulnerable

Sustain an environment that ensures and promotes the well-being of each child in a safe and secure setting where they can live, work, and develop their potential.



Improve Quality Of Life

Ensure that all children in our care can experience a stable relationship with a caregiver based on love, respect, and security within a stable community.



Survive and Thrive

Unlock the potential of the youth who live and learn at Nazareth House, enabling every child in our care to live fulfilling and productive lives.

Brave little Anika says “Hi...”

5-year old Anika was born with a condition known as Cerebral Palsy. A permanent disorder impacting movement and muscle tone and often causes further health conditions, such as epilepsy. Anika faces several health challenges and struggles to do basic age-appropriate things like eating, brushing her hair, or dressing. As a result, she requires around the clock medical, social, and therapeutic care.

We hope to teach Anika her own unique way of conquering the world while spoiling her with love and a safe place to call home. She is loved by all and is enthusiastically learning a second language like a champion, continuing to make progress with all odds against her.



Though this little body has endured so much, her infectious smile and vibrant energy light up the Child and Youth Care Centre at Nazareth Care.

Little Anika reminds us that life is what we make of it.



Meet this special little girl, Thadie

Although her beautiful energy and spirit remain unaffected, she requires full-time care, support, and assistance. Especially when it comes to everyday activities, moving around, eating, bathing, and playing with other children.

We believe that our little Thadie is a Gift and she deserves the best life this world can give her. Through our work we provide her with a safe and secure home that she can use as a springboard, learning as much independence and as many skills as possible.

Thadie is one of the most welcoming faces at our Child & Youth Care Centre here in Cape Town, South Africa. She is eleven years old and adores Barney, the purple Dinosaur. Her eyes light up at the mere sight of her dinosaur friend after a day of school. Thadie was born with a genetic condition known as Down Syndrome. This condition causes several developmental delays and is often associated with severe chronic comorbid conditions, like thyroid and heart disease.

Aged Care ambitions

Nazareth Care offers a range of housing and care options for the aged across the region. Our services are not limited to only caring for the indigent elderly.

Our strategy is to ensure that where necessary and possible, we share surplus from one house to assist and provide funding at other houses and outreaches in dire need. All of our Nazareth Houses and outreaches have residents requiring financial support

on a monthly and daily basis. The reality is that we cannot subsidise every person in need and do require additional funding to continue our ministries.

The majority of the elderly population in South Africa is in an unfortunate reality where they cannot afford care in the stage of their lives when they need it most. Funding is usually allocated to more socially linked needs, and caring for the aged is not a priority. A harsh reality is that many senior citizens are left unattended and without any social interaction leading to depression and other illnesses.



Exist with dignity and respect

We believe that everyone is entitled to a life of dignity, meaning, and companionship – our celebrated establishment provides the much-needed care to make it a reality.

Improve quality of life

We are focused on providing quality of life through a person-centered care approach that encompasses the standard of health, comfort, and happiness for each and every resident.

Create a community

We provide a safe, tranquil environment for the elderly community to create meaningful interactions and stimulating engagements everyday.



A little sunshine of blessings for Aunty Sarah...

Nazareth Care received a distraught and urgent referral from a social worker assisting at a shelter in the heart of Cape Town. Our team immediately reacted to ensure the safety of the individual.

At the shelter, we found Aunty Sarah. She was the eldest, sharing a 40 bedded dorm amidst 40 other ladies, with access to only one communal bathroom. A swift decision was made to shelter aunty Sarah, providing her with a safe and comfortable haven. At 80 years old, Aunty Sarah was admitted to Nazareth House Elsies River on 26.07.2017. When Aunty Sarah settled into the home, there was an opportunity to sit down and hear her story.

“Do you know how I came to be at the shelter, after staying there for six months it had its challenges. I was married for 25 years and have three children. I lived in a cosy little home, but not in a nice area as it was driven by gangs and drugs. I worked fulltime as a hairdresser for 30 years. When my husband started getting ill, I had to take care of him till he eventually closed his eyes. Life for me was tough as a single parent, trying to raise three children. There was a

period where the struggles were unbearable, and I lost my eldest daughter to breast cancer, my middle son turned to drugs and began to steal from me, and my living daughter entered a life of alcoholism and even prostitution to get what she wanted. It was so bad that my daughter eventually sold my house without me knowing. I started living with friends, and this is how I ended up at the shelter.”

When we asked Aunty Sarah how things have changed, with tears in her eyes, she said: “Now I can live and die in peace, in a home instead of the shelter where no one cares.” Aunty Sarah now assists other residents at Nazareth House with hairdressing. Some residents know her for having green fingers as she loves plants and flowers, and is always in our gardens, helping out and staying active.

Nazareth House provides Aunty Sarah with clothes, meals, toiletries, and a roof over her head, ensuring she is equally cared for and treated with the necessary dignity and respect that all elderly deserve.

Outreach ambitions

The Sisters of Nazareth are unremittingly involved in outreach programmes and community work projects across the country, including Harare, Zimbabwe. Some of these outreaches and community work projects require the Sisters to visit remote locations and provide support, care, and basic necessities to those who need it most.

These initiatives include food and soup kitchens in Schauderville - Port Elizabeth, outreach to poor and needy in Alexandra, Yeoville and Soweto in - Johannesburg, support to night shelters, soup kitchens

and the Masigcine Children's home in Khayelitsha - Cape Town, home-based care and women self-help centre at Frances Shannon Hospice in Warrenton - Kimberly, and the Morning Star creche with 60 under privileged children from the surrounding area at Nazareth House Fourteen Streams, and much more.

With your support, the Sisters of Nazareth can continue to expand their critical welfare work and provide much-needed relief in these poor and impoverished areas.

The Sisters of Nazareth run two registered NPO outreaches in addition to the Nazareth House NPO.



Morning Star Creche

The Sisters of Nazareth opened a Kindergarten in 1977. The objective was to take care of the early mental, emotional, physical, and spiritual needs of the children. More than 40 years later, the Crèche and pre-school now cater to more than fifty children, from Ikhutseng Township and surrounding local farms. Learners are provided with transport to attend the school.

The Sisters provide an essential service to the children as they come from the poorest of families. Many of them arrive at the Crèche hungry daily, where they receive three nutritious meals a day. Sourcing the money to feed and pay for transport is a never-ending struggle for the Sisters, who are always grateful for donations received.



Frances Shannon Outreach Centre

Working and caring for the poor and vulnerable is the special charism of the Sisters of Nazareth. In 2009, this commitment was further entrenched with the opening of Frances Shannon Hospice. Extending the work of Nazareth House Fourteen Streams near the Inkhutseng Township, where there are high levels of poverty and crippling unemployment, the outreach comprises three distinct projects.

1. Home-based nursing and caring for people in their own homes who suffer from HIV/AIDS, TB, chronic illnesses, malnutrition, as well as the elderly and those terminally ill.

2. Feeding the poor and hungry via a soup kitchen and vegetable garden. Alleviate malnutrition and hunger there is a large vegetable garden at the back of Frances Shannon Centre. From this, we provide vegetables to weak and incapacitated clients, especially malnourished children and clients with HIV/AIDS and TB.

3. Teaching essential skills via our self-help and skills development programs. The project commenced in 2010, whereby local women received training, initially in sewing and later in printing, embroidery, and crafts. The women are delighted with this opportunity, not only are they given work, but a skill to enable them to generate an income for the duration of their working life.

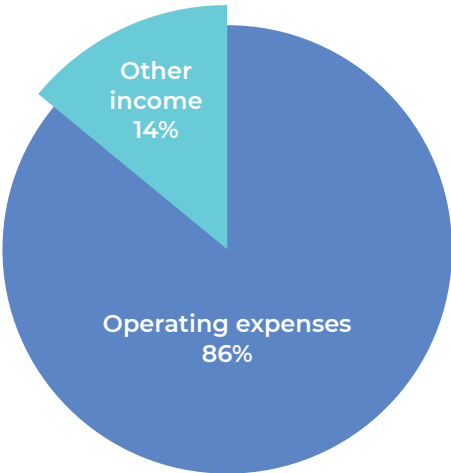
The cost of care

Nazareth House is a Non-profit Organisation that incurs operating expenses, which are far higher than the revenues generated through ‘Board and Lodging’ fees and ‘Government Grants’ received. This is due to the subsidisation of child and elderly care, outreach projects, and community work.

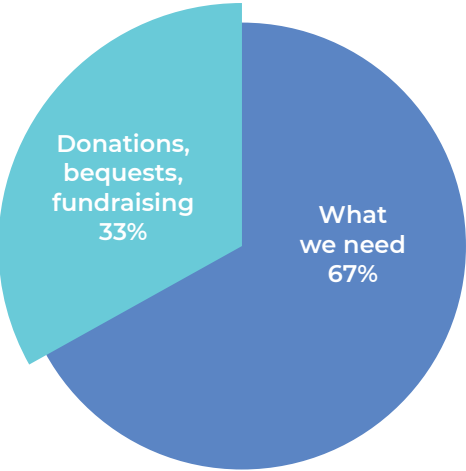
Nazareth Care is wholly reliant on the income of donations, legacies, and ‘goods in kind’ to continue the mission. All donations, grants, and other incomes are a necessity to fulfil the shortfall and to ensure the sustainability and longevity of the organisation.



Nazareth Care has an operating expenditure of R101 055 034.00, with a total operating income of only R54 380 469.00. This leaves a 46% shortfall in funding.



Other income channels amount to R13 823 839.00, which only covers 14% of the shortfall.



Donations, Bequests, and Fundraising make up a large part of our shortfall at R33 499 268.00. Amounting to 33% of our annual income. This funding is crucial to the existence of Nazareth Care.

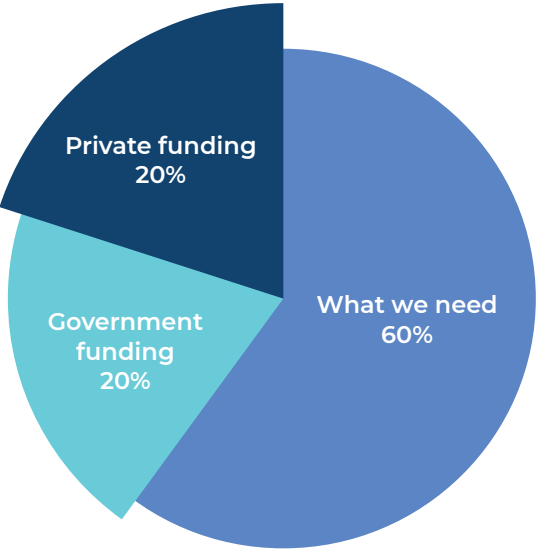
Caring for all the residents in our houses, young and old, as well as the communities we assist via our outreaches comes at an exponential cost. Donations, Bequests and Fundraising are not guaranteed amounts and the challenge to raise funds is becoming continually arduous yet evermore demanding.

*All figures based on the 2018/2019 financial year. Even with additional funding, we experienced a R1 979 910.00 deficit.



Our eco – system of funding

The organisation’s fiscal strategy is further driven by two critical requirements. The need for building long-term sustainability to ensure that the organisation can continue to provide good quality care and services to our residents. The drive to increase our reserves and further look for opportunities to fund existing and future operational expenses from our own resources.



Our childcare facilities at Nazareth House Cape Town and Nazareth House Johannesburg weigh heavily on our expenditure annually. The gap between the funding we receive and the funding our children need is a constant struggle and grows daily.

Our network

For more than one hundred and thirty-five years, the Sisters of Nazareth have been building a legacy with deep routed social ties. This legacy originated in Europe and flourished throughout the world. Today, Nazareth House is found on four continents with 43 Houses globally, where the Sisters of Nazareth continue to care for vulnerable communities daily. Associating your brand with Nazareth Care presents an exclusive opportunity to reach an established network.

Nazareth Houses

Nazareth House is established on four continents with 43 houses globally, each with their own local network. The Sisters of Nazareth all share the same mission to care for the vulnerable around the world.



Public Figures

Many public figures locally and globally share the same passion for caring and have taken a keen interest in the work done by the Sisters of Nazareth. Nazareth House Cape Town often has influential persons visiting the facility, all of which support our mission. Locally we work with a network of ambassadors who are committed to Nazareth Care.

Media

Nazareth Care has attracted much publicity throughout the African region. These opportunities regularly create exposure for all those associated with Nazareth Care. The work we do on the African continent attracts the attention of international media. Additional funding creates new possibilities for exposure.

Nazareth Care Followers

Nazareth Care has a broad audience of followers that believe in our work and share the passion for caring. We regularly connect with our followers via our website, electronic mails, social media, and original content creation. We have multiple volunteer programs that attract individuals from all walks of life. Partners of Nazareth Care have the opportunity to connect with our followers, including their brand's visibility on selected marketing channels and via unique content.

Campaigns that Reach

Nazareth Care campaigns focus on expanding brand awareness, increasing community engagement, and delivering measurable results. Structured campaigns present opportunities for connecting associate brands and corporate partners with new audiences via active marketing.



20K
CAMPAIGN



SCHOOLS



VOLUNTEERS



FUND MY
FRIENDS

Events

Nazareth Care regularly hosts fundraising events at different houses. These events are usually region based with selected events attracting national attention. Our events are all community-based attracting individuals within the immediate vicinity of our Houses as well as attendees from afar. Nazareth Care is also visible at organised activities that allow for additional exposure.

Communities and Outreaches

Nazareth Care is built on the basis of community. Each Nazareth House has an established network of individuals at different LSM's who are actively involved. Involving the local community in our events, fundraising, education, and outreach work has been a success factor of Nazareth Care. The legacy of the Sisters of Nazareth has become a vision of hope within communities.

Religious Communities

Nazareth Care is a Catholic organisation linked to a global network of established religious communities. The Sisters of Nazareth are committed to providing a professional service and caring for the vulnerable regardless of demographics, ethnicity, or religious belief. Nazareth Care is founded on the core values of the Sisters of Nazareth; Love, Justice, Hospitality, Respect, Compassion, and Patience.

Corporate Partnerships

Nazareth Care has a prosperous corporate partner network. We build strong relationships with our individual and corporate partners, creating thriving and viable business exchanges. All businesses have ambitions, and we identify opportunities to reach them collectively.

Nazareth Care Staff

Nazareth Care has close to 700 staff members in South Africa alone. Globally our staffing component reaches far into the thousands. All brought together by the same core values; we are connected globally, each with the potential to reach thousands more.

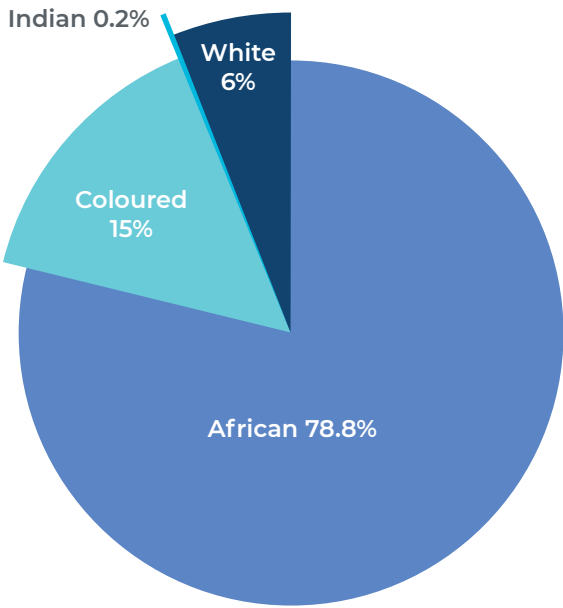
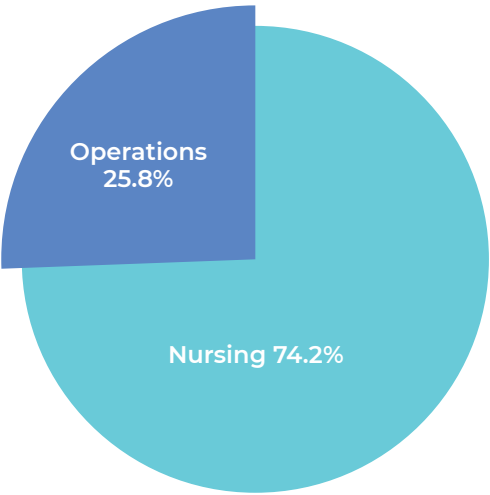
Our team

The Nazareth Care organisation has a significant component of staff who are multi-disciplined, have unique skills and various talents. The majority of our team provide direct care to our residents. However, every person plays an active role in ensuring the resident's enhanced quality of life, young and old.

We are committed to fostering a sense of community with all our employees, volunteers, and Friends of Nazareth, while cultivating relationships of trust.

This trust is essential for any team working towards our collective goals of enhanced quality of life and person-centered care approach. Given that the organisation has multiple locations, cultures, and job profiles, we have recognized that it is vital to instil a sense of belonging with all of those who give up their time to support this great cause and keep it going. After all, they are the true ambassadors of the Sisters of Nazareth and make the most impact on our residents' lives. We salute them.

Our work is driven by our values: love, justice, hospitality, respect, compassion, and patience.



Ethnic Group Breakdown



Make our ambitions a reality

Your contribution is imperative in providing positive and much-needed care to the most vulnerable in our communities.

We take our responsibility of guardians earnestly and have placed much emphasis and concentration on the procurement of donations, effective donor management, pro-active marketing, and enhancing relations with the public, stakeholders, and all donors and benefactors. We have investigated and researched alternative income streams, including the launching of different and new campaigns to help further close the gap between the funding we receive and the funding we need.

We call on you to partner with Nazareth Care and partake in our mission and movement, uplift your brand profile and social responsibility, by committing your investment to our ambitions. A partnership with Nazareth Care holds countless opportunities to align your business goals with ours. Utilising the Nazareth Care network, we can build on your business CSR projects. A relationship forged with Nazareth Care promises to offer value to both parties, ultimately changing the lives of all those we reach together.

In all our activities, we continue to strive towards remaining true to the founding mission of the Sisters of Nazareth, responding to the needs of the

times, specifically the most vulnerable within our communities. We are guided by our core values of Love, Justice, Hospitality, Respect, Compassion, and Patience, and continue to build on these values in a personal and professional capacity.

“At Nazareth Care, we strive to improve the quality of life of every resident – it’s our drive and passion that sets us apart. This, combined with the sheer physical joy of seeing our work in action every day, is why we do what we do. This is the Nazareth Care way!”

– Wayne Devy, Nazareth Care African Region CEO

For more information

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CEO – wayne@nazarethcare.co.za

www.nazarethcare.co.za



**“I wouldn’t change you
for the world, but I would
change the world for you”**



NAZARETH
CARE

For more information visit www.nazarethcare.co.za

*Disclaimer: In alignment with the Department of Social Development, Nazareth Care is required to keep personal identities of all residents confidential. For the purpose of illustration, stock images have been used where appropriate.